



Making Disciples Who Make Disciples

Workbook Course One

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Making Disciples Who Make Disciples

Workbook — Course One

A 10-Session Journey

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Scripture references are linked to Bible.com for your convenience.

This workbook is available free of charge at godbeyondwalls.org

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Work completed in a browser tab may be lost.

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Introduction to Course One

This Workbook is the first of three that will cover all the twenty-six sessions in the discipleship course; Making Disciples Who Make Disciples. The workbook is designed to encourage discussion in small discipleship groups online or live or to be used when Christians are discipling individuals. The full course is copyrighted but is available free of charge as a PDF through godbeyondwalls.org. The workbook is a simpler tool and can also be used on its own. It contains references for all the scriptures that are in the longer course.

The course has a large number of scripture references relating to most topics. They are included so that when read disciples will have the joy of learning from the author who inspired them. In John 14:26, "Jesus says to his disciples but the Holy Spirit whom the father will send in my name will teach you all things and will remind you of everything I have said to you." The aim is not just to increase Biblical knowledge but to help the disciples apply scriptural teachings to their lives. In the natural world even, babies learn to feed themselves and these lessons encourage disciples to learn to read and study the word themselves. You will see goals and action steps for each session to assist the application. Discussion with the leader and others in the group will help increase understanding and praying together will help these sessions to be applied. After completing this workbook individuals can move on to the Second Course and/or lead small groups in the first course.

If you have questions, comments or require other resources contact us at godbeyondwalls.org

Session 1: What Makes You a Christian?

Session Goals

These questions are to be answered at the end of the session.

- What assures you of your salvation?

- What are the key things that you would share in your testimony?

- Describe your experience with baptism or your plans to be baptized.

Salvation Through Jesus

Explain what these scriptures mean to you personally. [John 14:6](#), [Acts 4:12](#)

Being Born Again

Describe how the concept of being 'born again' shapes your understanding of faith. [John 3:3](#), [2 Corinthians 5:17](#), [1 Peter 1:3](#), [John 3:6](#), [John 1:13](#)

Believing in Him

What is the importance of belief in your Christian life? [John 3:16](#), [Acts 16:31](#), [John 5:24](#), [John 6:47](#)

Repentance and Receiving His Forgiveness

How has repentance impacted your walk with God? [Acts 2:38](#), [Colossians 2:13](#), [1 John 1:7](#), [Acts 26:20](#)

Salvation as a Gift

What does receiving salvation as an unearned gift mean to you? [Ephesians 2:8-9](#), [Luke 7:50](#), [Romans 3:28](#), [Romans 3:24](#)

Becoming a Child of God

What stands out to you about being a child of God? [John 1:12](#), [Galatians 3:26](#), [Galatians 4:7](#)

Confessing Jesus

How does confessing Jesus as Lord influence your daily life? [Romans 10:9-10](#)

Sharing Your Testimony

Write a condensed version of your testimony here. [Psalm 107:2](#)

Water Baptism

Why is baptism important for you as a disciple? [Romans 6:4](#), [1 Peter 3:21](#), [Colossians 2:12](#), [Mark 16:15-16](#), [Matthew 28:19](#)

Action Steps

Share your testimony with someone this week.

Make plans to be baptized if the Holy Spirit is prompting you.

Session 2: The Difference Between a Convert and a Disciple — The Cost of Discipleship

Session Goals

Questions to be answered at the end of the session.

- What are two differences between a convert and a disciple?

- What is one thing God is asking you personally to grow as a disciple?

- What steps can you take to make this change?

Review of Last Week's Action Steps

- Describe your experience sharing your testimony last week.

- If you did not share, what kept you from doing so?

- What do you remember about what it means to be born again?

Becoming Disciples

Jesus chose disciples and invites us to follow Him the same way. A disciple is a student and follower who practices what Jesus taught, below is what Jesus taught. Answer the application questions after each phrase.

- Be willing to lose your life [Matthew 16:24-25](#); [Luke 9:23](#) What will losing your life look like on a day-to-day basis?

- Be willing to become something different [Matthew 4:19](#) What might Jesus want to change or transform in you?

- Be willing to give up material possessions [Matthew 19:20-26](#) Are there possessions or comforts that compete with following Jesus?

- Be willing to leave your family if necessary [Mark 10:29-31](#); [Luke 9:57-60](#) Is anything—even relationships—hindering your obedience to Jesus?

- Hold to His teachings [John 8:31-32](#) What teaching of Jesus do you need to apply more consistently?

- Keep His commandments daily [John 14:15](#) How can you show your love for Jesus through obedience this week?

- Be a servant [Mark 10:42-44](#); [John 13:4-5](#) Who can you serve this week in a practical way?

- Take up your cross daily [Luke 9:23](#) What desire or habit do you need to surrender to Jesus today?

- Do not expect the world to love you [John 15:18-19](#) Where do you feel pressure to fit into the world instead of following Christ?

- Be willing to make disciples [Matthew 28:19-20](#); [2 Timothy 2:2](#) Who can you encourage or disciple in their walk with Jesus?

Reflection Questions

- Do you still want to be a disciple? Why or why not?

- What do you think will be the hardest part for you?

- What do you believe Jesus is asking of you personally?

Action Steps

This week, choose one situation where you give up your own desires to obey Jesus.

Serve someone in a practical way you would not have done before. Describe the plan if you have thought of one.

Session 3: Who Is Jesus? What Does His Atonement Mean for Us? Who Are We?

Session Goals

Questions to be answered at the end of the session.

- What attribute of Jesus has increased your understanding of who Jesus is in this session?

- For you what is the most important aspect of who you are in Christ?

- Describe two ways Jesus' atonement has changed your life.

Review the Previous Week's Action Steps

- In what situation this past week did you give up your own desires to obey Jesus?

- Did you serve someone else in a way you would not have in the past?

Who Is Jesus?

What attributes below are most meaningful to you personally? Fill in the answers in the spaces below the phrases that are affecting your life most.

- He is the Son of God, [John 3:16](#), [Luke 22:40](#), [John 1:34](#), [1 John 11:27](#)

- He has all authority, [Matthew 28:18](#)

- He is our only source of salvation, our Savior, [Acts 4:12](#), [John 3:16-17](#)

- He was a Man of Sorrows, despised, rejected, and our healer, [Isaiah 53:3-5](#)

- He was anointed with the Holy Ghost and Power, [Acts 10:38](#)

- He is the Messiah, [John 4:25-26](#)

- The fullness of the Deity dwells in Him, [Colossians 2:8-10](#)

- He is the way, the truth, and the life, [John 14:6](#)

- He is the head of the church; all things were created through Him, [Colossians 1:16-18](#)

- He was anointed to preach the gospel to the poor, [Luke 4:18](#), [Isaiah 61:1](#)

- He is the Word, [John 1:1](#)

- He is God, [John 1:18](#)

- He is the Light, [John 1:4-5](#), [John 8:12](#)

- He is our Intercessor, [Romans 8:34](#), [1 John 2:1](#), [Hebrews 7:25](#)

- He is the Destroyer of the works of the devil, [John 3:8](#)

- Jesus is the gate for the sheep, [John 10:7-9](#)

- Jesus is the Good Shepherd, [John 10:11](#)

- Jesus took upon Himself our curse, [Galatians 3:13](#)

- Jesus never sinned but was made sin for us, [2 Corinthians 5:21](#)

- Jesus is the Cornerstone, [Ephesians 2:19-22](#)

- Jesus came into the world to bear witness to the truth, [John 18:37](#)

- Jesus is the mediator between God and men, [1 Timothy 2:5-6](#)

- He was called Rabbi, [John 1:49](#)

- Jesus said He is the Bread of Life, [John 8:23](#), [John 6:35](#)

What Is Atonement?

How do the following truths impact your life?

- Christ died as a substitute for us, [Romans 6:23](#), [Romans 5:8-9](#)

- Sin always results in death, [Romans 3:23](#), [Romans 5:12](#), [Genesis 3:19](#)

- Sin separates us from God, [Isaiah 59:2](#)

- Jesus solved sin's separation through His crucifixion, [Isaiah 59:4-5](#), [Romans 4:25](#)

- There was a physical demonstration on Earth when He died, [Matthew 27:50-54](#)

- His death and resurrection give us a new identity, [Matthew 28:1-10](#)

Who Are We in Christ?

How do the following scriptures shape your identity in Christ? How can they affect what you think about yourself? Comment after each phrase.

- We are not condemned, [Romans 8:34](#)

- God deeply loves us, [Romans 5:8](#), [Ephesians 3:19](#)

- We are crucified with Christ and no longer live, [Galatians 2:20](#)

- We are children of God and heirs, [Galatians 3:26](#), [Galatians 4:7](#), [Romans 8:17](#)

- In Christ, we will know true joy, [John 15:11](#)

- We are blessed, [Ephesians 1:3](#)

- We are inseparable from God's love, [Romans 8:38-39](#)

- We are branches of the true vine, [John 15:1-5](#)

- God knows our thoughts, [Psalm 139:1](#)

- We are ambassadors of Christ, [2 Corinthians 5:20](#)

- We are God's special possession, [1 Peter 2:9-10](#), [Exodus 19:5](#)

- We are created in His image, [Genesis 1:27](#)

- We are friends of Jesus, [John 15:15](#)

- We are strong, [Philippians 4:13](#), [2 Corinthians 12:10](#)

- We are a new creation, [2 Corinthians 5:17](#)

- We are fearfully and wonderfully made, [Psalm 139:13-15](#)

- We are redeemed, [Galatians 3:13](#)

- We are set apart, [Hebrews 10:10](#)

- We are the salt and light of the world, [Matthew 5:13-16](#)

- We are complete in Him, [Colossians 2:10](#)

- We can become the righteousness of God, [2 Corinthians 5:21](#)

- Our bodies are the temple of the Holy Spirit, [1 Corinthians 6:19](#)

- We are God's workmanship, [Ephesians 2:10](#)

- God is working in us, [Philippians 2:13](#)

- Christ lives in us, [Galatians 2:20](#)

- We have died, [Colossians 3:2-4](#)

- We are living stones, [1 Peter 2:5](#)

- We have spiritual gifts, [1 Peter 4:10-11](#)

- We are kings and priests, [Revelation 1:6](#)

- We are made in God's image, [Genesis 1:26-27](#)

- We are a new creation, [2 Corinthians 5:17](#)

- We can bear much fruit, [John 15:8](#)

- We are chosen, [John 15:16](#)

- We are sons of God, [Romans 8:16](#)

- We are one with Him, [1 Corinthians 6:17](#)

- We are being transformed, [2 Corinthians 3:18](#)

Action Steps

Read some of the verses aloud daily. Write down those that speak to you.

Write out a prayer of thanksgiving based on what Jesus has done for you.

Session 4: The Trinity, Father God, Loving and Obeying Him

Session Goals

Questions to be answered at the end of the session.

- Explain the Trinity in your own words.

- What scripture in the session stood out to you and why?

- Identify an area where God is asking for your obedience. What do you need to do?

Review of Last Week's Action Steps

- Which verse changed your thinking this past week?

- Share your prayer of Thanksgiving.

The Trinity

Our God is one God but also three distinct persons: the Father, Son, and Holy Spirit.

How can understanding the Trinity shape the way you relate to God?

- One God in three persons [Genesis 1:26](#); [Matthew 3:16-17](#); [Matthew 28:19](#)

- Loving relationships are central to who God is [1 John 4:8](#)

- The three share the same thoughts [John 10:30](#); [1 Corinthians 2:10-12](#)

- The three testify in heaven [1 John 5:7](#)

Father God

Which attribute of Father God do you personally need to trust Him in today and why?

- God is merciful [Luke 6:36](#)

- All things exist from Him [1 Corinthians 8:6](#)

- He is our Redeemer [Isaiah 63:16](#)

- God is our provider [Philippians 4:19](#); [Matthew 6:31-33](#)

- He rules and gives riches and honor [1 Chronicles 29:12](#)

- He is the potter [Isaiah 64:8](#)

- He will judge the world [Acts 17:31](#)

- He judges fairly [1 Peter 1:17-19](#); [Psalm 89:14](#); [Romans 2:11](#); [Isaiah 33:22](#); [Psalm 75:7](#)

Loving God

Based on these scriptures what practical steps can you take to love God more fully this week?

- Father's love in us [John 17:26](#)

- Live in love, live in God [1 John 4:16](#)

- Greatest Commandment [Matthew 22:37-38](#)

- Grasp the greatness of His love [Ephesians 3:17-18](#)

- Abide in His love [John 15:9](#)

- Love God fully [Luke 10:27](#)

- Those who love God obey Him [John 14:21](#)

Obeying God

What step of obedience is God calling you to take this week?

- Take thoughts captive [2 Corinthians 10:5](#)

- Receive grace for obedience [Romans 1:5](#)

- Blessings are before us [Deuteronomy 11:26-28](#)

- Obey His voice [Jeremiah 7:23](#)

- No longer be slaves to sin [Romans 6:17](#)

- Obedience is better than sacrifice [1 Samuel 15:22](#)

- God gives rain if we obey Deuteronomy 11:13-14

- Diligently obey Deuteronomy 28:1

Action Steps

Choose one attribute of God you have observed this week and share what you experienced in the next session.

Take steps to obey God and ask for prayer when it is difficult.

Session 5: Who Is the Holy Spirit and What Are His Roles?

Session Goals

Questions to be answered at the end of the session.

- Give two examples of the Holy Spirit's role in your life based on scriptures you have read in this session.

- Describe how these roles were demonstrated in your life this week with two examples.

- Identify the fruit of the Holy Spirit you want to see increase in your life.

Review of Last Week's Action Steps

- What Attribute of God did you notice in your life this week?

- Did you find obedience to God challenging in any way?

Who the Holy Spirit Is

- The Holy Spirit is God. Acts 5:3-4

- He is a gift from God. Luke 11:13; John 7:38-39

- The Spirit of Grace. Hebrews 10:29

- The Spirit of Truth. John 14:16-17; John 15:26; John 16:13; 1 John 5:6

- The Spirit of Life. Romans 8:2; Luke 1:35; Luke 1:41

- The Spirit of wisdom, understanding, counsel, might, knowledge, and the fear of the Lord. Isaiah 11:2; Isaiah 40:13-14; Isaiah 61:1-2; Luke 4:18

- The Spirit of Promise. Ephesians 1:13; Luke 24:49

- The Spirit of Glory. 1 Peter 4:14; 2 Corinthians 3:18; John 16:14

- The Spirit of God and of Christ. 1 Corinthians 3:16; Romans 8:9

- The Helper. [John 14:16](#); [John 16:7](#)

Application Questions

- What truth about who the Holy Spirit is stands out to you most today?

- How does understanding who He is influence the way you live daily?

- Which aspect of the Holy Spirit do you most want to experience more deeply this week? Why?

The Roles of the Holy Spirit

- He was active in creation. [Genesis 1:2-3](#); [Psalm 33:6](#); [Job 33:4](#); [Isaiah 40:7](#)

- He inspired Scripture. [2 Peter 1:20-21](#); [2 Timothy 3:16](#); [John 16:8-11](#); [John 15:26-27](#); [Acts 5:32](#)

- He makes the believer new. [John 3:3-6](#); [Titus 3:5](#)

- He indwells believers. [1 Corinthians 3:16](#); [Romans 8:9](#); [1 Corinthians 12:3](#)

- He seals believers. Ephesians 1:13; Ephesians 4:30; Galatians 4:6; Romans 8:14-16

- He fills believers. Acts 2:4; Ephesians 5:18

- He gives us victory over sin. Romans 8:2-6; Romans 8:13-14; John 16:8

- He produces fruit in our lives. Galatians 5:22-23; Galatians 5:25

- He guides us. Galatians 5:16-18; 1 Corinthians 2:9-14; Ephesians 1:17; Acts 16:6; Acts 13:2-4

- He gives us assurance. Romans 8:14-17

- He anoints us. 1 John 2:27; John 14:26; Luke 4:18; Acts 10:38

- He intercedes for us. Romans 8:26

- He sanctifies us. 2 Thessalonians 2:13-14

- He is our comforter. John 14:16

- He empowers us to witness. Acts 1:8; Acts 4:31

- He distributes gifts. 1 Corinthians 12:4-11

Application Questions

- Which role of the Holy Spirit have you experienced most recently? Describe the experience.

- Are there any areas where you want to see more of His work (guidance, power, fruit, assurance)?

- How will you intentionally make space this week for the Holy Spirit to work in you?

Action Steps

Focus this week on the fruit of the Spirit. Take note of how the Holy Spirit increases it in your life. Be prepared to share what you observed. [Galatians 5:22-23](#)

Identify one specific moment during the week when you experienced the guidance of the Holy Spirit. [Romans 8:14](#); [John 16:13](#)

Session 6: The Baptism in the Holy Spirit

Session Goals

Questions to be answered after the session.

- Have you experienced the baptism in the Holy Spirit previously or during this session? What manifestations were evident? [Acts 1:5](#); [Acts 2:1-4](#)

- Explain the purpose and manifestations of the baptism in the Holy Spirit. [Acts 1:8](#); [Matthew 3:11](#)

- Do you feel equipped to pray for someone to receive the baptism of the Holy Spirit? How would you pray? [Acts 19:2-6](#)

Review of Last Week's Action Steps

- How has the fruit of the Holy Spirit increased in your life this week?

- When did you experience guidance from the Holy Spirit this week?

The Baptism of the Holy Spirit

Read all or some of these verses to answer the application questions below.

1 Corinthians 12:13 Acts 1:5 Acts 1:8 Acts 2:1-21 Acts 2:32-39 Matthew 3:11 Luke 3:16 Acts 4:31
Mark 1:8 John 1:33 Luke 11:13 Luke 3:21-22 Acts 19:2-6 Acts 8:14-21 John 7:38-39 Acts 8:15-16
Acts 9:17 Acts 10:44-47

Application Questions

- What stands out to you most about the baptism of the Holy Spirit from these scriptures?

- How do you believe the baptism of the Holy Spirit can strengthen or change your life?

- How would you explain the baptism in the Holy Spirit to someone who has never heard of it?

Receiving the Holy Spirit at Salvation

Romans 8:9 John 3:5

Application Questions

- What is the difference between receiving the Holy Spirit at salvation and the Baptism in the Holy Spirit?

- How has the Holy Spirit worked in you since the moment you were saved?

Being Continually Filled with the Holy Spirit

Acts 13:52 Ephesians 5:18 Acts 9:31

Application Questions

- What does it mean for you to be continually filled with the Holy Spirit in daily life?

- What practices help you stay sensitive and yielded to the Holy Spirit each day?

- In what area of your life do you most desire a fresh filling of the Holy Spirit?

Action Steps

Choose a verse from this session and read several times a day, ask the Holy Spirit to increase your understanding. Record what He shows you.

Pray in tongues during prayer time or daily activities. Share next week how that impacted your life.

Ask the Holy Spirit for courage and opportunities to share Jesus and report back next week.

Session 7: Gifts of the Holy Spirit

Session Goals

Questions to be answered at the end of the session.

- How did you react to receiving and to giving a prophetic word?

- How have you seen prophetic words build up the church and individuals?

- Did you experience being used in a spiritual gift to bless someone else? How did they react?

Reviewing Last Week's Action Steps

- Did the Holy Spirit increase your understanding of a verse you read last week? What did He reveal to you?

- Did you increase the time you spent praying in tongues? If you did how did it impact your life?

- Did you have an opportunity to share about Jesus with someone last week? What did you experience?

Nine Charismatic Spiritual Gifts

1 Corinthians 12:7-11 — The nine gifts of the Spirit are: wisdom, knowledge, faith, healing, miraculous powers, prophecy, discerning of spirits, tongues, and interpretation of tongues.

Application Questions

- Which of the nine gifts have you seen operating in your life or in someone else's?

- As you read and study answer questions beneath each gift.

A Message (Word) of Wisdom

A directive word from God giving solutions or divine direction.

Judges 7:4-7 Acts 11:27-30 Acts 27:24 1 Kings 3:27-28

- What direction was given by God in one of these Scriptures? Has God given you direction or solutions in the past?

A Message (Word) of Knowledge

Supernatural knowledge about a situation or person.

John 4:17-18 Acts 9:10-12 Acts 5:1-5 1 Samuel 15:17-23

- What did the disciples experience in these scriptures? Have you ever sensed knowledge about a person or situation that could only come from God?

A Gift of Faith

Supernatural confidence in a promise from God leading to bold action.

Luke 8:45-48 Hebrews 11:7 Acts 14:8-10 Matthew 8:10

- What is the result of the gift of faith? Describe a time when God gave you unusual faith to believe or act.

A Gift of Healing

Knowledge or prompting to heal the sick, through prayer.

Luke 10:9 Acts 28:8-9 Luke 17:14 Acts 3:1-8

- Have you experienced or witnessed God's healing power?

Miraculous Powers

Supernatural signs confirming God's power.

Acts 2:43 Acts 16:26-27 John 6:19 John 2:9

- What miracles or supernatural moments have strengthened your faith?

Prophecy

Hearing God and speaking words that strengthen, encourage, and comfort.

1 Corinthians 13:2 1 Corinthians 14:31 1 Corinthians 13:8-9 1 Corinthians 14:1-4 1 Corinthians 14:3
1 Corinthians 14:29 1 Thessalonians 5:19-21

- What encouraging words has God given you for yourself or others?

Gift of Distinguishing Between Spirits

Ability to discern divine, evil, or human spiritual influences.

Acts 8:18-22 Acts 16:16-18 Matthew 16:23 Matthew 9:4

- How does the Holy Spirit help you discern what is from God and what is not?

Gift of Tongues

Supernatural language for prayer or public message (with interpretation).

1 Corinthians 14:5-15 Mark 16:17 Acts 2:4 1 Corinthians 14:18

- What is your understanding or experience of praying in tongues?

Interpretation of Tongues

Understanding and communicating the meaning of a message in tongues.

1 Corinthians 14:22 1 Corinthians 14:5 1 Corinthians 14:13 1 Corinthians 14:27-28

- How does the gift of interpretation contribute to building up the church?

Activations in the Group

- Ask God for a word to encourage someone. Write it below, then share it.

- Ask for a prophetic word for an individual, write it below.

- Ask God about something you are concerned about and pray according to what He shows you.

Action Steps

Ask God for encouragement for others this week and record their responses.

Explain how prophetic encouragement expresses God's love.

Ask the Holy Spirit to guide you daily, as Jesus watched the Father and did what He saw His Father do. [John 5:19](#)

Session 8: The Bible and How to Read It

Session Goals

Questions to be answered at the end of the session.

- Do you own a Bible, or do you use one online? Do you currently use a Bible reading plan? If so, which one or how do you choose what to read each day?

- How is the Bible structured?

- What questions do you have about the Bible that you want to explore more deeply?

Review of Last Week's Action Steps

- What encouragement for others did you share last week?

- Were you able to express God's love in a prophetic word?

- How have you been aware of the Holy Spirit's guidance this week?

What Is the Bible?

- Inspired by God [2 Timothy 3:16-17](#); [Psalm 119:105](#)

- A manual for how to live [2 Timothy 3:16-17](#); [Joshua 1:8](#)

- As important as food [Matthew 4:4](#)

- More to be desired than gold [Psalm 19:8-11](#)

- Written by people moved by the Holy Spirit [2 Peter 1:20-21](#)

- Given by God to accomplish His plans [2 Timothy 3:15](#); [Isaiah 55:11](#)

- An imperishable seed [1 Peter 1:23](#)

Application Questions

- Which description of the Bible above stands out most to you today, and why?

- How have you personally experienced the Bible guiding, correcting, or helping you?

How Else Do We Know the Bible Is True?

Thousands of early manuscripts exist.

There are independent Greek and Roman historical records of biblical events.

Many Old and New Testament prophecies have been fulfilled.

Despite being written by more than forty writers over two thousand years, the Bible is consistent in theme and message.

Archaeological evidence.

Application Questions

- Which evidence for the truth of the Bible do you find most compelling?

- How does trusting the Bible to be true affect the way you read it?

When and How Should I Read the Bible?

- Bible reading should be often [Romans 10:17](#); [Proverbs 30:5](#); [Psalm 1:2](#)

- Bible reading should be personal [2 Timothy 2:15](#); [Acts 8:28](#)

- Bible reading should be public 1 Timothy 4:13; Exodus 24:7; Nehemiah 8:18

Application Questions

- What time of day works best for you to read the Bible consistently?

- Do you prefer reading quietly, aloud, or listening to audio? Why?

How Is the Bible Structured?

The Bible consists of sixty-six books written by forty authors. The Old Testament and the New Testament.

- Which part of the Bible do you enjoy reading the most?

- Look at the Table of Contents in the Bible and name four Old Testament Books and Four New Testament.

How Can You Find What You Are Looking For?

References are book-chapter-verse format. For example, [John 3:16](#) is the Book of John, chapter three, and verse sixteen.

You can also do a phone search to locate verses.

- How confident do you feel in locating verses in the Bible?

What Translations Are Available?

Discuss in the group the available translations (NKJV, ESV, NIV, Amplified Bible).

Using apps, audio versions, and paraphrases (Living Bible, Passion Translation, The Message).

- Which translation that you have read feels most natural and clear for you to read?

What Is the Best Plan to Use to Read the Bible?

Plans include: Reading 1-2 chapters a day, reading the Bible by alternating OT/NT, reading by time (15-30 minutes), or asking the Holy Spirit to guide reading selections. Discuss further the variety available.

Various Bible reading apps are available.

- What apps have you used if any in the past?

- Which reading plan do you think you can realistically follow this week?

- What do you hope to gain from consistent Bible reading?

Action Steps

Follow your chosen plan for one week, keep notes on what stood out to you.

In the next session, share something you read and applied to your life.

Session 9: Studying the Bible

Session Goals

Questions to be answered at the end of the session.

- What are the three main steps of Bible study?

- Choose and study a short passage of Scripture on your own. Write what you learned here.

- Identify one change you need to make in your life based on what you studied.

Review Last Week's Action Steps

- What reading plan did you use?

- What did you read in scripture last week that you applied to your life? Give a Scripture reference (to remind you where you read) and share how you applied it to your life.

Why We Study the Bible

Write below the reason we study the Bible found in each Scripture.

● Romans 10:17

● Psalm 119:105

● 2 Timothy 3:16-17

● 2 Timothy 2:15

● Hebrews 4:12

● Romans 15:4

● Romans 10:17

● Proverbs 3:1-2

● John 8:32

- 2 Timothy 3:15

- Psalm 119:9-11

How Can We Study the Bible?

- Go deeper into your reading, read commentaries, or related verses.
- Look for scripture related to what God draws your attention to.
- Study a specific passage.
- Use steps of observation, interpretation, and application.
- By studying a specific topic, look up verses and compare them.
- By using physical tools available, Bible dictionaries, Bible encyclopedias, Bible handbooks, Bible commentaries, use a concordance.
- Use your phone for Bible software and apps; Bible Gateway, The Study Bible, YouVersion.

Application Questions

- Which study tools have helped you in the past (cross-references, notes, dictionary, etc.)?

- Which tool can you begin using more regularly?

Bible Study Practice

2 Timothy 3:16-17 "All scripture is God-breathed, and is useful for teaching, rebuking, correcting and training in righteousness so that the man of God can be complete and equipped for every good work." NIV

Observation (What does the passage say?)

- What stood out to you in the passage?

- What repeated or important words did you notice?

- What questions came to your mind when you read it?

Interpretation (What does it mean?)

- What is this verse teaching about the Word of God?

- How would you explain the meaning of this verse to someone else?

Application

How to apply the scripture to your life because the Bible says "be doers of the word and not hearers only." [James 1:22-25](#)

- Believe the Bible was written for you too.
- Pray as you study and ask the Holy Spirit to speak to you.
- Respond with willingness to obey what God has shown you.
- Ask yourself how this applies in your life.

● How does it apply in your relationship with God?

● How does it apply in your relationship with others?

● What does it make you feel about yourself?

● What promise is God giving?

● What direction is God giving?

● What action do you need to take based on what you have studied?

Action Steps

Use the observation, interpretation, and application steps at least twice this week.

Share one thing you learned with someone else.

Choose one practical change you need to make based on Scripture.

Session 10: Prayer and Fasting

Session Goals

Answer questions after the session.

- List the steps to pray we are taught in the Lord's Prayer.

- Pray aloud in the session.

- Identify one purpose of fasting.

Review Last Week's Action Steps

- How did you use Observation, Interpretation, and Application to study a Bible passage this week?

- What topic did God highlight to you this week? Did you share with someone else?

- Did you make a practical change based on your Bible Study?

Definition of Prayer

Prayer is communication between us and God; we speak and listen.

Ephesians 2:18

How Jesus Taught Us to Pray — The Lord's Prayer

Matthew 6:9-13

Steps Taught in the Lord's Prayer

- Approach the Father — Psalm 145:18
- Worship and praise — Psalm 100:4
- Ask for God's will — Psalm 33:11
- Present your needs — Philippians 4:6-7
- Confess sin — 1 John 1:9
- Ask for protection — Psalm 28:7

Write a brief prayer including all the steps relevant to your own needs. Pray the prayer in the group if you can.

Things to Pray For

- Nations — 2 Chronicles 7:14
- Finances — Philippians 4:19
- Leaders — 1 Timothy 2:1-7
- Families — Acts 16:31
- Healing — James 5:16
- Others — 1 Timothy 2:1
- Enemies — Matthew 5:44
- Wisdom — James 1:5
- Israel — Psalm 122:6
- Ourselves — Genesis 24:12

- Laborers — [Matthew 9:38](#)

Which of the above do you pray for daily, regularly, occasionally, rarely, or never? Write your answer next to the appropriate verse. Do you feel there are any changes necessary?

Ways to Pray

- In groups — [Matthew 18:19-20](#)
- Alone — [Matthew 6:6](#); [Mark 1:35](#)
- In tongues — [Jude 1:20](#)
- Prophetically — [1 John 5:14](#)
- Constantly — [1 Thessalonians 5:17](#)
- Are there any ways to pray challenging for you?

- Are there any you want to practice more?

- How will you become more confident in those areas?

Promises of Answered Prayer

Write the promises given next to the verses, which do you want God to fulfill in your life?

- John 14:13-14

- 1 John 3:22

- Mark 11:24

- Psalm 37:4

- Jeremiah 29:11

- Matthew 7:7

Types of Prayer

Thanksgiving, Praise, Worship, Dedication, Commitment, Petition, Intercession, Supplication, Command, Decrees, Spiritual Warfare, Persistent Prayer, Praying in the Spirit.

Fasting

Fasting means abstaining from food or distractions to focus on God. Have you ever felt challenged to fast? What were the results?

Types of Fast

- Normal fast — Luke 4:1-2
- Absolute fast — Esther 4:16
- Partial fast — Daniel 10:2-3
- Marital fast — 1 Corinthians 7:5

How We Should Fast

- Fast in secret — Matthew 6:16-18
- Ask God for wisdom — James 1:5
- Set a time limit — Esther 4:16
- Fast with purpose — Psalm 35:13

Purposes of Fasting

- Humility — Joel 2:12
- Direction — Acts 13:2
- Appointing leaders — Acts 14:23
- Healing — Psalm 35:13
- Guidance — Ezra 8:21
- Deliverance — Mark 9:29
- Repentance — Jonah 3:5

Are you seeking God in any of these areas? Would fasting be beneficial? What fast would you attempt?

Action Steps

Write down your prayers and God's responses.

Ask God if He wants you to fast. Choose a simple fast and let us know the results.