



# Making Disciples Who Make Disciples

## Workbook Course Three

Catherine Martin

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# **Making Disciples Who Make Disciples**

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**Workbook — Course Three**

A 5-Session Journey

**Catherine Martin**

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Scripture references are linked to Bible.com for your convenience.

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## **Introduction to Course Three**

It is exciting that you are beginning the last five sessions of this three-workbook course. Hopefully, your life reflects the things that you have learned in the first two workbooks. Being a disciple is not just about knowing things but more importantly about applying what you have learned. You have prayed into these things in your group or as an individual since you started these courses. You have studied, been reading and memorizing scripture. I am sure all you have done is bearing fruit in your life. If you are faithful in these things, you will be experiencing the Holy Spirit working in your life and changing you to make you more like Jesus.

Being a disciple may seem costly at times, and it may seem hard too making disciples but there is such joy in living your life as God intended, living as Jesus lived his.

By way of introduction this third workbook deals with much relating to God's plans and purposes to bring his Kingdom to this world. Also how to walk in freedom and deal with enemy attacks. Allow the Holy Spirit to use this in your life as he desires and you will draw closer God.

Do not feel any pressure to take groups but share what you have learned as you are able. Although as disciples it is wonderful to make disciples be led by the Holy Spirit. You can contact us at the e-mail on the workbook if you need help or guidance in the future or just want to talk. Bless you and give feedback on what you have gained from this course, thank you for using these sessions.

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# Session 21: The Enemy and Spiritual Warfare

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## Session Goals

Questions are to be answered at the end of the session.

- How does the enemy come against you personally? What verses can you use to come against enemy attacks?

- What strategies have you seen the enemy use? Were there strategies that were hard to deal with?

- How did Jesus win the victory when Satan tempted him?

## **Review of Action Steps from the Previous Course**

What Action Steps did you find life-changing in Course Two? What action did you take? What was the result?

## Who Is the Enemy?

Lucifer was an angel in heaven. He became proud and wanted honor and glory for himself. Jesus tells his disciples he saw Satan fall from heaven, and there were other angels, his followers, cast down with him.

Luke 10:18; Isaiah 14:12-15; Ezekiel 28:17; 2 Peter 2:4

Application Question: Do the truths in these scriptures change the way you respond to spiritual opposition?

## Satan's Schemes

Knowing the devil's strategies shown in the Bible will help us identify his works today. [2 Corinthians 2:11](#)

- He disguises himself. [2 Corinthians 11:13-14](#); [Galatians 1:8](#)

- He counterfeits. [Matthew 13:38](#)

- He is our adversary. [1 Peter 5:8-9](#)

- He is the accuser of the brethren. [Zechariah 3:1](#); [Revelation 12:10](#)

- He steals, kills, and destroys. [John 10:10](#)

- He is a murderer and a liar. [John 8:44](#)

- He afflicts and oppresses. [Acts 10:38](#); [Luke 13:16](#)

- He hinders. [1 Thessalonians 2:18](#)

- He is the tempter. [Matthew 4:3](#)

Application Question: Which of these schemes have you seen used against yourself or your family? Have you or a family member been injured by any of these schemes? Give an example.

## Satan's Temptations in Scripture

- The Garden of Eden [Genesis 3:1-14](#)

- Satan's attack on Job [Job 1:1](#)

- The temptations of Jesus [1 John 2:15-16](#); [Matthew 4:3-4](#); [Matthew 4:5-7](#); [Matthew 4:8-11](#)

- Satan's attack on Peter [Luke 22:31-32](#)

How does knowing these accounts help you deal with the enemy attacks against you?

## Spiritual Warfare — God's Promises Are Our Weapons

- Our struggle — [Ephesians 6:12](#)

- Resisting the enemy — [1 Peter 5:8-9](#)

- Focus on the Lord and not rebuking the enemy — [Jude 1:9](#)

- Resist the Devil — [James 4:7](#)

- The Lord provides a way of escape — [1 Corinthians 10:13](#)

- Nothing can separate us from the love of God — [Romans 8:38-39](#)

- He will guard us from the evil one — [2 Thessalonians 3:3](#)

- Our weapons are mighty — 2 Corinthians 10:4-5

- Jesus defeated the enemy on the cross — Colossians 2:15

- Eternal torment is the devil's future — Revelation 12:9; Revelation 20:10; 2 Peter 2:4

- The enemy knows his future — Matthew 8:29; Revelation 12:12

Which Scriptures will help you address areas in your life that are spiritual battles?

## Action Steps

This week when a negative attitude or thought comes to mind do not ignore it but resist it and use one of God's promises to change your thinking. Write down your experience and share it next week.

If you have difficulty with another person, this week deal with it and resist Satan if he has been at the root of it. Share your experience with us next week.

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# Session 22: Deliverance from Evil Spirits

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## Session Goals

Questions to be answered at the end of the session.

- Identify and name one or two ways demons can gain access to Christians' lives.

- Give two examples of how Jesus cast out demons.

- What is the key verse relating to dealing with Satan and demons?

## Review of Last Session's Action Steps

- How did you deal with negative attitudes and thoughts during the week? If you resisted them and used one of God's promises give us the example.

- Did you feel that Satan was at the root of any of your difficulties with other people during the week? If so, how did you resolve it?

## Definition of Deliverance

Removing an evil spirit (a demon) from its attachment, influence or residence within a person and releasing the light, truth, and love of God. Deliverance is an act of God's loving care and concern for us. God can deliver anyway or at any time he wants to, on our own through the ministry of other people or in a group meeting while praying or worshipping.

- How would you explain deliverance in your own words?

## Objectives of Demons Towards Individuals

- To blind and deceive Christians [2 Corinthians 4:4](#); [John 10:10](#)
- What is the primary goal of demons in your life according to Scripture?

## Can a Demon Possess a Christian?

The answer is no because the Holy Spirit lives in us, however demons can oppress or affect Christians in your body or soul which includes the mind, will and emotions. [1 Corinthians 6:19-20](#); [Ephesians 4:26-27](#); [2 Corinthians 11:4](#)

- What may result from demonic influence in our lives?

## Examples of How Evil Spirits Gain Entrance into Our Lives

- Through our sins of pride and anger — [Proverbs 16:8](#); [Ephesians 4:26-27](#)

- Through the sins of our ancestors — [Psalm 51:5](#); [Deuteronomy 30:19](#); [Exodus 20:5](#)

- Through our bitterness and unforgiveness — [Ephesians 4:31-32](#); [Hebrews 12:15](#); [Luke 11:4](#)

- Through unresolved past trauma — [Proverbs 1:33](#); [Isaiah 41:10](#); [Ecclesiastes 10:8](#)

What area listed above could be a vulnerability in your life or the life of someone you know?

## How Do We Deal with Evil Spirits?

- Pray as Jesus did — [Luke 11:4](#); [John 17:15](#)

- Resist the devil — [James 4:7](#)

- Cast demons out — [Mark 16:17](#); [Luke 9:1](#); [Luke 4:18](#)

Which biblical instruction stands out to you for dealing with evil spirits?

## Examples from Jesus and the Apostles' Ministries

Healings — [Matthew 17:18](#); [Luke 11:14](#); [Mark 1:39](#); [Mark 6:13](#); [Matthew 17:21](#); [Acts 10:38](#)

Deliverance — [Mark 5:8-9](#); [Acts 19:11-12](#)

What do these examples teach you about authority over demons?

## Teachings from Jesus and the Apostles

- An impure spirit will return to the person that was delivered that is not occupied with the Holy Spirit — [Matthew 12:43-45](#)

- Evil spirits knew Jesus and Paul but attacked those they did not recognize — [Acts 19:13](#); [Acts 19:15-16](#)

What warning do these teachings give about spiritual carelessness?

## What Are the Steps to Receive Deliverance?

Desire and seek to be delivered.

- Submit to God and resist the devil — [James 4:7](#)
- Ask God to deliver you — [Matthew 7:7](#)
- Ask for prayer and ministry from others that you know are mature in their Christian walk — [James 5:16](#)

What personal step might you need to take toward freedom?

## What Are the Steps to Minister Deliverance?

Jesus sent out his disciples and the seventy in pairs to cast out demons so joining with at least another person is recommended.

1. Ask the Holy Spirit to reveal the root or the source of the issue — [Psalm 139:23-24](#); [James 4:7-10](#)
2. Ask the Lord to remove what the Holy Spirit has revealed. Pray and take authority. Encourage confession, repentance of sin, rejecting agreement with lies and evil spirits, renouncing words curses and false beliefs and commanding the devil to flee.
3. Recognize the demon has left through the discerning of spirits through sensing or seeing and through confirmation from the Holy Spirit. If you are uncertain go to a more experienced Christian leader.
4. Replace the demonic spirit, ask God to fill them with all God desires — [Romans 5:5](#)

What are principal factors in someone's life if they want to minister deliverance?

## Action Steps

Seek God concerning areas where you may need ministry for greater freedom. Share with the group if you can.

Plan to contact a trusted leader or friend if prayer support is needed.

Write down areas of recent growth and two or three things you would like the Holy Spirit to continue changing. Share this next week.

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# Session 23: Walking in Freedom

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## Session Goals

Questions to be answered after the session.

- Do you recognize strongholds in your life that you have already overcome, and the lies associated with those strongholds? Name a few of those lies.

- Name two or three truths about God that have or will close the door to the enemy in your life.

- Can you describe how to receive the Holy Spirit's help in spiritual struggles?

## Review of Last Session's Action Steps

- Did you become aware this week of any area where you need ministry from others to increase freedom in your life?

- Were you able to receive that ministry during the week?

- Share with us the list of things that the Holy Spirit has changed in your life in recent months and write down two or three specific things that you would still like Him to do. Can we support you in prayer?

## Standing Against the Enemy

- Speak out and meditate on the promises of God. Focus on Him and not the enemy. 1 Corinthians 10:13; Romans 6:12-14; Revelation 3:21; 1 John 5:18 Which of the scriptures above do you feel is important for you to meditate on?

- Remember you are the temple of the Holy Spirit. John 2:13-17; 1 Corinthians 6:19 How should being the temple of the Holy Spirit affect how you live your life?

- Pray simple prayers of dedication to the Lord. 1 Thessalonians 5:16-18 What does this verse say is God's will for us?

- Give thanks for what He has done. Psalm 30:1; 1 Chronicles 16:34 According to these verses why do we give thanks to the Lord?

- Submit to God and resist Satan. James 4:7; Galatians 5:1; 1 Corinthians 15:34; Colossians 3:5 According to these verses how do we resist the devil and submit to God?

## Watch Your Gates

Do not read, watch, or listen to things that will cause you to sin, especially in areas you have been weak in before.

Matthew 6:22-23; Psalm 101:3

What do you personally need to avoid watching or reading?

- Guard your thoughts and heart. [2 Corinthians 10:5](#)
- Do not crave evil things. [Colossians 3:2](#); [Proverbs 4:23](#); [1 Corinthians 6:12](#) Do you have an area that you feel attempts to dominate you and you need to control?

- Be aware of what you think about and control those thoughts that are not consistent with his commands. [Philippians 4:8](#); [2 Corinthians 10:15](#); [Proverbs 23:7](#) How do you deal with thoughts that you realize are not from the Lord?

- Draw closer to God. [James 4:8](#); [Hebrews 4:15-16](#); [Jeremiah 29:13](#) Based on these verses how can you draw closer to God?

- Learn who you are — read and meditate on these verses. Write next to the verses what stands out to you in each one. Example: [John 1:12](#) — a child of God.

- [John 15:15](#)

- [Romans 8:38-39](#)

- Ephesians 2:5

- Romans 8:37

- Romans 8:1-2

- Acts 1:8

- Matthew 5:14

- Romans 5:1

- 1 Corinthians 3:16

- 2 Corinthians 3:18

- Ephesians 1:3

- 1 Corinthians 6:20

- Philippians 4:13

- Isaiah 62:4-5

- 1 John 5:18

- 1 Peter 2:24

- Ephesians 2:10

- Colossians 1:13

- Ephesians 3:12

- 2 Corinthians 5:21

- Romans 8:29-31

Which one of these verses stood out to you as you read them? Which ones did you meditate on?

- Do not isolate yourself from other believers. [Ecclesiastes 4:9-10](#); [Ecclesiastes 4:12](#); [Hebrews 10:24-25](#); [Proverbs 18:1](#); [Galatians 6:2](#); [Proverbs 27:17](#) Why do these scriptures encourage us not to isolate ourselves?

- Do withdraw from former friends and habits. [1 Corinthians 15:33](#); [Proverbs 12:26](#); [James 4:4](#); [Galatians 5:1](#) Why do these scriptures encourage us to withdraw from former friends and habits?

## Action Steps

Ask God to direct you to someone you can support in their Christian life who also can support you. Take a step to get to know that person better.

If you have an area of temptation that you do not have victory over, seek help from the group leader or another mature Christian. Ask them to pray for you. [James 5:16](#)

What specific step will you take this week?

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# Session 24: The End Times and New Beginning

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## Session Goals

- What events will occur when Jesus comes again? How will those events affect those alive when He comes?

- What will be evident in the last days according to Scripture? If those things happen in our lifetimes, how will they affect our lives?

- What will occur during the millennial reign of Christ? Who will be on Earth?

## Review of the Previous Session's Action Steps

- Did you connect with someone this week who can support you in your Christian Life? Have you got a plan to spend more time with them or get to know them better?

- Are you continuing to have difficulty with an area of temptation? Have you had an opportunity to pray about that?

## The Beginning

God made man to love and to love him in return. He wanted a place to fellowship with man, first in the garden then in a tabernacle and then in a temple because of sin God's plan required the blood of his perfect son, Jesus. His plan is still to redeem us and the whole earth so that we can finally live with Him in His kingdom.

[Genesis 2:7](#); [Genesis 3:8](#); [Genesis 3:23](#); [Numbers 7:89](#)

What do those scriptures teach you about the beginning? How are they significant for us?

When Jesus was crucified the curtain that separated the holiest part of the temple from the rest was torn from top to bottom symbolizing there was no longer a separation from God.

[Matthew 27:51](#)

How is this scripture significant for us?

## The Last Days

The most difficult and best days are ahead according to scripture.

[Matthew 24:14](#); [Daniel 11:32](#); [Acts 2:17](#); [2 Timothy 3:1-5](#); [Matthew 24:22](#)

How should we prepare for the last days?

## Dangers of the Last Days

2 Timothy 3:1-9

List the warnings given.

Based on these verses how shall we prepare to protect ourselves from these dangers?

## The Return of Jesus

What do the verses below tell us about the second coming of Jesus?

● Isaiah 42:9

● Matthew 24:36

● Matthew 24:44

● Revelation 22:20

● Revelation 22:12

- Revelation 1:7

- 1 Corinthians 15:24-25

- 1 Thessalonians 4:18

How should these things affect the way we live our lives?

## **The Resurrection of the Dead in Christ**

What do these verses say about the resurrection of the dead?

- Luke 23:43

- Ecclesiastes 12:7

- Luke 16:22

- 1 Thessalonians 4:13-18

● Revelation 20:6

● 1 Corinthians 15:42-44

● 1 Corinthians 15:50-54

● John 5:24

● John 11:25

● John 3:16

● 2 Corinthians 5:8

● Philippians 1:21

How do those scriptures affect the way we view death?

## The Millennial Reign

The scriptures tell us about the one thousand years reign of Jesus on earth, the devil and his demons will be bound, and He will restore the earth. What do these verses say about Jesus' reign?

- Revelation 20:1-3

- Acts 3:21

- Revelation 20:4-5

- Revelation 21:4

- Luke 1:32-33

What will it be like on earth during the reign of Jesus?

## The Final Judgment

What do these verses tell us about the judgement seat of Christ?

- Revelation 20:7-10

● Revelation 22:12

● Hebrews 9:27

● 2 Corinthians 5:10

● Matthew 25:41

● Revelation 21:8

● Matthew 25:45

● Revelation 20:11-15

● Luke 10:20

How do you feel about the judgment seat of Christ?

## The New Heaven and the New Earth

What do the scriptures below tell us we have to look forward to in the new heaven and the new earth?

- Mark 13:31

- Revelation 21:1-5

- Revelation 21:22

## Action Steps

Read the first two chapters of Genesis and the last two chapters of Revelation. Write down anything these passages reveal about Jesus' return. Be prepared to share next week.

Make a note of anything in the news this week that makes you think we are in the end times. Be ready to discuss what you have seen or read.

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# Session 25: Sharing Your Faith and Making Disciples

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## Session Goals

These questions are for your reflection during and after the session.

- Are there areas of spiritual growth in your life you have seen since the beginning of these sessions?

- How has God worked in your life?

- Do you have ideas on how you can share your faith and disciple others? What are they?

## Review of Action Steps of Previous Session

- What stood out to you as you read the first two chapters of Genesis and the last two chapters of Revelation?

- Did you see anything in the news last week that made you think we were near the end times? What was it that you saw or read?

## Sharing Your Faith

- Pray for opportunities and the Holy Spirit's guidance.
- Share your testimony and what God has done in your life. [Acts 10:34-43](#)
- Share the gospel of the kingdom. [Matthew 24:14](#)
- Be gracious in conversations. [Colossians 4:5-6](#)
- Be ready to explain your hope. [1 Peter 3:15](#)
- Build relationships. [1 Thessalonians 2:8](#)
- Listen carefully. [James 1:19](#)
- Pray with and for others. [Matthew 4:23](#); [Psalm 147:3](#); [1 Timothy 2:1-4](#); [Galatians 6:2](#); [James 5:16](#)
- Invite others to gatherings. [Hebrews 10:24-25](#)
- Use social media wisely. [Philippians 2:15-16](#)
- Do good works. [Matthew 5:16](#)

## Application Questions

Where has God given you opportunities to share your faith? What areas above do you find easy? Which are difficult? Write E or D next to the verse.

What fears or obstacles do you need to surrender to God?

## What to Include in a Prayer for Salvation

- Repentance and forgiveness. [Acts 2:38](#); [Luke 15:7](#); [1 John 1:9](#)
- Confession and faith in Jesus. [Romans 10:9](#); [Matthew 10:32](#); [1 John 4:15](#); [Ephesians 2:8-9](#)
- Asking for and receiving the Holy Spirit. [Galatians 4:6](#); [Acts 2:38](#); [Galatians 3:2](#)
- Being baptized. [Acts 8:36-38](#); [Galatians 3:27](#); [Acts 2:41](#); [Matthew 28:19](#)

## Reflection Question

How confident do you feel leading someone in a prayer for salvation? What could increase your confidence?

## Making Disciples

- Jesus calls us to make disciples, not just converts. [Matthew 28:19](#)
- Do not just teach as Jesus taught, love as Jesus loved. [John 15:9-12](#)
- Freely give what you have received. If you have learned from these courses pass it on to others. [Matthew 10:8](#)
- Plan carefully and count the cost. [Luke 14:28-30](#) You can form a small group to disciple, or you can disciple one friend. Plan according to what works for you, your life, and your family.
- Live guided by the Holy Spirit. [1 Corinthians 6:19-20](#) Let Him show you what to do. He'll give you the desires, He will give you the opportunities and the Holy Spirit will speak to you. Do not feel under pressure to do something the way someone else has done it.
- Consider forming a group. The wonderful thing about being in a group is being able to pray for one another. [James 5:16](#) If you have been part of a group, you have made friends in that group, and they will continue to pray for you. You can encourage each other and build each other up. Remember group discussion is always confidential and is kept within the group. Be a leader that people can trust even with confidential information.

## Reflection Question

Who might God be leading you to disciple? Will you do it one by one or in a group?

What practical steps can you take to begin?

## Action Steps

Pray daily for one person to share your faith with this week.

Share your testimony with at least one person.

Ask God if you should begin discipling someone and take one step toward it.